

About the Authors

Shirley Holt/Hale, PhD, is a retired physical educator from Linden Elementary School in Oak Ridge, Tennessee, where she taught physical education for 38 years. Dr. Holt/Hale is a former National Elementary Physical Education Teacher of the Year and has served as president of both the American Alliance for Health, Physical Education, Recreation and Dance (now SHAPE America) and the National Association for Sport and Physical Education. She is the coauthor of *Children Moving: A Reflective Approach to Teaching Physical Education* (in its ninth edition), and a contributing author for three other texts. She served as a member of the task force for the revision of the *National Standards & Grade-Level Outcomes for K-12 Physical Education*. Dr. Holt/Hale is a consultant in elementary physical education curriculum, assessment, and curriculum mapping throughout the United States.



Tina J. Hall, PhD, is an associate professor in the department of health and human performance at Middle Tennessee State University. She taught elementary and middle school physical education for 18 years and has been in physical education teacher education since 2003. Dr. Hall has conducted numerous curriculum and content workshops and in-services for physical education teachers across the nation. She is the coauthor of *Schoolwide Physical Activity: A Comprehensive Guide to Designing and Conducting Programs* and *Teaching Children Gymnastics*. Dr. Hall is also an author of several articles in refereed publications.

